



STEP Planning Sheet

- How much space do you require to perform the task safely (think about having enough space roll, jump etc.
- Performance can happen on the mat and around the outside.
- Mark the area using cones or markers.

Space

- Choose apparatus appropriate to the task
- Think about how you will use the apparatus to enhance your work.

Equipment

- Change the task by changing the activity's demands and rules, such as direction/level/pathway of movement or length of time to complete the task. E.g. roll in different directions. Extend your sequence om 6 to 8 elements etc.

Task

- Select an appropriate number of participants/group sizes
- Not all group members need to do the same thing; different people have different strengths. Involve everyone

People